



TESS Newsletter No. 13 of 04 October 2012 - In Accordance to Article 7 Section 3 of Its Constitution

"Turning Possibilities into Realities"

2012 "STRIVING FOR OUR SEYCHELLES"

Building a Global Movement for Change [UNSG]: The Promise (part 3)

"Working Hard at Working Smart" (part XV)

*The
Value
of
True
Friendship*



'A good friend is a connection to life, a tie to the past, a road to the future, the key to sanity in a totally insane world.'

Lois Wyse [1926-2007] Advertising Executive, Author.

The future we want: The Promise: The Force Beyond

The Value of True Friendship

It is priceless, it is a treasure, it is a gift

The value of true friendship is infinite and priceless. Nothing can compare or ever replace the genuine, caring connection between two people who not only understand, but want only the very best of all things in life for the other. **It is a gift, it is a treasure.**

A deep sustaining, timeless friendship is rare and at times can feel difficult to find, maintain, or believe in. But, the more that you believe in yourself, the more love you can give to yourself, the more genuine connections you will be able to attract, manifest, and hold onto.

Sounds simple doesn't it? And, it can be this simple and straightforward. Though formulas for success in any avenue provide clear road maps, life does not always pave such a smooth pathway. Unfortunately, unforeseen **emergencies**, factors and other such events can drop obstacles in our way, shadows and overgrown foliage that obscure our direction and leave us feeling unsure, blind and lost in our journey. As our childhood, "black and white" visions fade to off whites and varying shades of gray, our minds are left to ponder and try to decipher truth from what had originally been such a simple road map to happiness, joy and peace of mind.

My trusting nature has been both a gift and a handicap for me. When a person tells me something, I take what they say at face value. I do not infer meaning. I do not hypothesize possible deviations. I simply take their message as their word and then look toward their actions to solidify their words. **I trust.** This has kept my heart open to all the possibilities in life, but it has also allowed my heart to be broken more times than I can remember by more than just ex-boyfriends and friends who have told me one thing and then later told me another, leaving me confused, unsure of how to keep believing in people. Needing to go back and recount conversations, my actions, etc to find the truth; to search for what I could have possibly changed to alter the seemingly unalterable outcomes.

Though I continue to struggle with this sort of seesaw struggle, I have been getting better at it. Time, **lessons**, learning have all taught me to see things clearer, to see people in less clear cut shapes, to see them in the corners behind trees, their forms ever changing, yet in the end collectively forming an identifiable and definable form.

One theme that has always surfaced in all my trials is trust in my intuition for it has never steered me wrong. It has just sometimes taken me longer than I would have liked to really take action when my instincts have nudged me and warned me that **something** just did not sit right in my heart. My **lessons** have lessened the waiting period and for this, I am beyond grateful.

This is when true friendship's presence becomes even more infinitely priceless. A true friend reminds you of everything that lies within your heart. They act as a **mirror** when you have sometimes lost sight and **forgotten** who you really are, what you truly believe in, etc. They pick you up when you forget that you can do so on your own. They remind you that people do not hurt others purposely, **but that they can only treat others as good as they treat themselves.** They remind you that tomorrow will hold infinite doors to limitless possibilities, giving you the energy and belief in yourself to continue to walk through any and all that you want to walk through.

I will be forever grateful to all the genuine true friendships in my life. I will be thankful everyday of my life. I am even deeply grateful to all those who did not have my best interests in life, for they taught me how to love myself more, they made me realize the **true value** of my worth, and they have further magnified my unending gratitude for all the joys that my life currently holds and continues to discover **every single day.**

Joie Schmidt – Author, Poet, Artist © Copyright 2007 All Rights Reserved.

Walking the Sweet Talk!!!

The Choice

We do hope that we know who our friends are. If not, let's get down to it right now, for the benefit of that Common Future we want for Ourselves, Our Seychelles and Our World.

In the process let us always remember that:-

"Happiness keeps us Sweet: Success keeps us Glowing. God keeps us Going..."

And yes, always remember that other people can suggest, but only you can define and search for that infinite and priceless treasure, that precious gift which no true words can never, ever describe...!

And surely together we can make that highly essential leap forward for after all we are indeed that **world**...our one and only home. Thus, let us now make that **Choice**.

The Promise

Healing time...

MICHAEL JACKSON LYRICS "We're The World (USA For Africa)"

There comes a time when we heed a certain call
When the world must come together as one
There are people dying
And it's time to lend a hand to life
The greatest gift of all

We can't go on pretending day by day
That someone, somewhere will soon
make a change
We all are a part of God's great big family
And the truth, you know,
Love is all we need

[Chorus:]

**We are the world, we are the children
We are the ones who make a brighter day
So let's start giving
There's a choice we're making
We're saving our own lives
It's true we'll make a better day
Just you and me**

Send them your heart so they'll know
that someone cares
And their lives will be stronger and free
As God has shown us by turning stone to bread
So we all must lend a helping hand

When you're down and out,
there seems no hope at all
But if you just believe there's no way we can fall
Well...well...well
Let's realize that a change can only come
When we stand together as one

Tourism Linking Cultures: Horticulture Our Culture

Kot Man-Ya - The Brand



A new and unique Seychelles secret, Eco Lodge Kot Man-Ya a two bedroom self-catering tropical bungalow, nestling in the middle of Kot Man-Ya gardens, 2 acres of floral delight.

The Eco Lodge is barely visible amongst the giant foliage. A green and oxygen rich environment, healthy "stress free" living, just what the doctor ordered.

For more information, and reservation please contact Keven Tolfree or Winselle Marengo-Tolfree, email: [kevintolfree@yahoo.co.uk] or [winselle@gmail.com] -Tel: (248) 2599839 / 4371190.